



# Doctor Discussion Guide

Productive talks with your doctor are an important part of helping to manage your arthritis pain. Take the first step and use this guide to help prepare for your next doctor visit.\* Complete the guide by filling in your answers right from your computer, or, if you prefer, print the guide and fill in your answers by hand.

By being honest about your symptoms and asking questions, you can help your doctor determine appropriate treatment options for you.

## Your Arthritis Symptoms



**Locate and select the areas where you feel arthritis pain:**

<input type="checkbox"/> Ankle	<input type="checkbox"/> Shoulder
<input type="checkbox"/> Elbow	<input type="checkbox"/> Knee
<input type="checkbox"/> Other	

**Rate your arthritis pain:**

<input type="checkbox"/> Extreme
<input type="checkbox"/> Severe
<input type="checkbox"/> Moderate
<input type="checkbox"/> Mild

\*The information you enter in this Doctor Discussion Guide is for your own use only. Viartis Inc. will not capture, collect, or retain any of the information you enter in this Discussion Guide.

## Important Safety Information and Indications

All prescription NSAIDs, like CELEBREX, ibuprofen, naproxen, and meloxicam, increase the risk of heart attack or stroke that can lead to death. This may happen early in treatment and may increase with increasing doses of NSAIDs and with longer use of NSAIDs.

CELEBREX should never be used right before or after a heart surgery called “coronary artery bypass graft” (CABG).

Avoid taking NSAIDs after a recent heart attack, unless your healthcare provider tells you to do so. You may have an increased risk of another heart attack if you take NSAIDs after a recent heart attack.

NSAID medications, like CELEBREX, cause an increased risk of bleeding, ulcers, and tears (perforation) of the esophagus, stomach, and intestines, at any time during treatment, which can occur without warning and may cause death.

Prescription CELEBREX should be used exactly as prescribed at the lowest dose possible and for the shortest time needed.

Please see continued Important Safety Information on page 4 and click here for [Full Prescribing Information, including Boxed WARNING, and Medication Guide.](#)



### Your Arthritis History



**Are you experiencing arthritis pain for the first time?**

- Yes
- No

**If you've experienced arthritis pain before, is your current arthritis pain worse than it was 3 months ago?**

- Yes
- No

### Your Medications and Treatments



**Select the medications you are currently taking. Be sure to add any that are not listed:**

- Corticosteroids
- Type of blood pressure medication
- Warfarin or similar blood-thinning agents
- Fluconazole
- Furosemide or thiazide diuretics
- Lithium
- Methotrexate
- Digoxin
- Aspirin
- CELEBREX® (celecoxib) capsules
- Other Nonsteroidal Anti-inflammatory Drugs (NSAIDs)
- Serotonin and norepinephrine reuptake inhibitors and selective serotonin reuptake inhibitors
- Other (including vitamins and herbal supplements)

**What are you currently doing to relieve your arthritis pain? (Select all that apply.)**

- Taking pain relievers
- Using heat pads or ice packs
- Resting or not using the painful area
- Performing light activities or exercise
- Other



## Topics and Questions for Discussion



**Select the topics that you'd like to discuss with your doctor to help him/her understand your arthritis pain:**

- Local vs all-over pain
- Consistent vs intermittent pain
- Pain in the same place on both sides of the body
- Worst time of day for pain (ie, morning or night)
- Previous injuries
- Other

**Tell your doctor if any of the following apply to you:**

- A history of ulcers or bleeding in the stomach or intestines
- High blood pressure or heart failure
- Kidney or liver problems
- You are pregnant
- You are breastfeeding
- Allergies and type of reaction
- Your lifestyle/social history, including smoking, drinking alcohol, and exercise
- Other medical conditions or past medical history

**Select the questions you'd like to ask your doctor:**

- What could be the cause of my joint pain?
- With my medical history, which treatment is right for me?
- In addition to medicine, what other treatment options might help?
- I take low-dose aspirin. Which treatment is right for me?
- Other



## The next step is talking to your doctor.

Print this PDF and bring it to your appointment to help guide your discussion.

### Important Safety Information (continued from first page)

Do not take CELEBREX if you have had an asthma attack, hives, or other allergic reactions to aspirin, any other NSAID medicine, or certain drugs called sulfonamides.

**Before you take CELEBREX, inform your healthcare provider of any medical conditions you may have and of all of the medications you take, including prescription or over-the-counter medicines, vitamins, or herbal supplements, as they may increase the risk for serious side effects. NSAIDs and some other medicines can interact with each other and cause serious side effects. Do not start taking any new medicine without talking to your healthcare provider first.**

Tell your doctor about all of your medical conditions, including if you:

- have liver or kidney problems
  - have a history of ulcers or bleeding in the stomach or intestines
  - have high blood pressure or heart failure
  - have asthma
  - are pregnant or plan to become pregnant. Taking NSAIDs at about 20 weeks of pregnancy or later may harm your unborn baby. If you need to take NSAIDs for more than 2 days when you are between 20 and 30 weeks of pregnancy, your healthcare provider may need to monitor the amount of fluid in your womb around your baby.
- You should not take NSAIDs after about 30 weeks of pregnancy**
- are breastfeeding or plan to breast feed

#### CELEBREX can cause serious side effects, including:

- new or worse high blood pressure
- heart failure
- liver problems including liver failure
- kidney problems including kidney failure
- low red blood cells (anemia)
- life-threatening allergic reactions
- life-threatening skin reactions

**Other side effects of NSAIDs, including CELEBREX,** are stomach pain, constipation, diarrhea, gas, heartburn, nausea, vomiting, and dizziness.

**Get emergency help right away if you have any of the following symptoms:** shortness of breath or trouble breathing, chest pain, weakness in one part or side of your body, slurred speech, or swelling of the face or throat. Discontinue CELEBREX at first sign of skin rash, or blisters with fever.

#### Indications

CELEBREX is used to treat pain and redness, swelling, and heat (inflammation) from osteoarthritis, rheumatoid arthritis, juvenile rheumatoid arthritis in patients 2 years and older, and ankylosing spondylitis; for the management of acute pain in adults, and for the management of menstrual cramps.

CELEBREX is available by prescription only in 50 mg, 100 mg, 200 mg, and 400 mg.

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Please see [Full Prescribing Information, including Boxed WARNING](#), and [Medication Guide](#).